

If you are standing at a crossroads, I've listed questions from Debbie Ford's book, *The Right Questions*, for you. The questions may give you the perspective you need to make a choice that works well for you.

### *The Right Questions*

1. Will this choice propel me toward an inspiring future or will it keep me stuck in the past?
2. Will this choice bring me long-term fulfillment or will it bring me short-term gratification?
3. Am I standing in my power or am I trying to please another?
4. Am I looking for what's right or am I looking for what's wrong?
5. Will this choice add to my life force or will it rob me of my energy?
6. Will I use this situation as a catalyst to grow and evolve or will I use it to beat myself up?
7. Does this choice empower me or does it dis-empower me?
8. Is this an act of self-love or is it an act of self-sabotage?
9. Is this an act of faith or is it an act of fear?
10. Am I choosing from my divinity or am I choosing from my humanity? (Soul vs. self)
11. Add questions of your choice . . .