If you are standing at a crossroads, I’ve listed questions from Debbie Ford’s book, *The Right Questions*, for you. The questions may give you the perspective you need to make a choice that works well for you.

*The Right Questions*

1. Will this choice propel me toward an inspiring future or will it keep me stuck in the past?

2. Will this choice bring me long-term fulfillment or will it bring me short-term gratification?

3. Am I standing in my power or am I trying to please another?

4. Am I looking for what’s right or am I looking for what’s wrong?

5. Will this choice add to my life force or will it rob me of my energy?

6. Will I use this situation as a catalyst to grow and evolve or will I use it to beat myself up?

7. Does this choice empower me or does it dis-empower me?

8. Is this an act of self-love or is it an act of self-sabotage?

9. Is this an act of faith or is it an act of fear?

10. Am I choosing from my divinity or am I choosing from my humanity? (Soul vs. self)

II. Add questions of your choice . . .